

# Addressing Healthcare Professionals Needs

The ongoing challenges of the pandemic fuel concerns both in the workplace and at home.\*

- Concerns about personal health, safety and access to adequate PPE
- Fatigue, burnout, demand to move between units
- Challenges with communication and uncertainty
- Fear of exposure, safety for family members, limitations in family support

Let us support you in the following ways:

- Counseling support, both scheduled and crisis, for you and your immediate family members
- Healthy communication, transitions and decision-making with a life coach
- Resources for childcare, eldercare, or anything else you may need during this time



**Contact Canopy to speak with a counselor 24/7 at:**  
**Phone: 800-433-2320**  
**Text: 503-850-7721**

\*Minnesota Department of Health, 2020

