

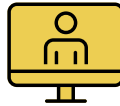
Cascade, Cares

**Emotional well-being solutions
boosting quality of life and
organizational success**

Employees report working harder and looking after themselves less. They are asking for a change in support provided. Give them the care they deserve.



Cascade is different than other employee mental health services:



• Ingenious technology



• Exceptional member experience



• Collaborative account management

Available 24/7.....

- Quick access to superior personalized care
- Compassionate, holistic, and positive approach to well-being
- Best-in-class and intuitive technology
- Member choice in points of access, including in-person, phone, text, mobile app, email, and video
- Coaching, counseling, education, work/life services, and self-care dCBT - covering all levels of need

40.000+
U.S. providers

&

70.000+
international providers

using evidence-based practices



Cascade Leads the Way in Member Engagement

4x | **5x** | **10x**

**utilization
rate***

**connection rate
to providers***

**faster speed
to appointment***

**compared to national average*

Validated Member Outcomes:

48% ↓

**decrease in
absenteeism**

28% ↑

**increase in
focus**

22% ↑

**increase in
life satisfaction**

*Top to Bottom Support– always
there for employees **AND** the
organization, in crisis and in calm*

Not only is Cascade a useful program for employees,
it's a valuable resource for managers, providing:

- Unlimited 24/7 management consultations
- Crisis support, substance abuse and suicide prevention programs
- Webinars, toolkit, and self-paced trainings
- Stigma reducing promotions, and much more

*Please contact us for a conversation about how
our unique and comprehensive solutions can help
employees feel happier and achieve more*

call: 800-433-2320 text: 503-850-7721
email: info@cascadecenters.com cascadecenters.com

**Cascade
Centers**