

E-Support

Online Employee Assistance Services

E-Support is a live online virtual session with an EAP Consultant.

E-Support provides online access with EAP consultants to:

- Provide advice customized to your situation
- Answer questions
- Assist you with problem resolution

Benefits:

- No need to leave home or office for an appointment
- Professional and confidential
- Solution focused resolution to problems
- Review of progress through transcripts of sessions



Security and Confidentiality:

Users correspond with their online EAP consultant through our secure website in a Private Conference Area. Data is protected at the highest allowable level using secure 128 bit socket layer (SSL). All chat accounts are protected by usernames and passwords.

For more information or to set up an appointment:

Email: esupport@cascadecenter.com
Visit: www.cascadecenter.com/esupport
Call: [1-800-433-2320](tel:1-800-433-2320)



Services offered online by Cascade are supportive, educational, and solution-focused. The intent is to assist in assessing the user's problem and making a referral for ongoing treatment if needed. There are instances where online support is not an appropriate service. Online support is not a crisis service and does not take the place of face-to-face behavioral healthcare services. Those under the age of 18 years of age are not eligible for this service.